

# 2013 FINANCIAL HIGHLIGHTS

REVENUE  
Year ending 12/31/13



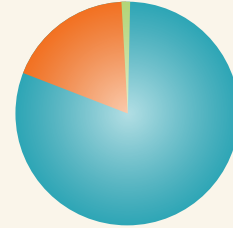
Where the funding comes from:

- MCADAMHS/PCMRB Board Funding \$ 6,104,170
- Medicaid \$ 4,486,853
- Grants/Contracts and Other \$ 1,221,659

**Total Revenue**  
\$ 11,812,682

Samaritan Behavioral Health, Inc.  
Consolidated Statement of Operations  
Year ending 12/31/13

EXPENSES  
Year ending 12/31/13



Where the funding goes:

- Salaries and Benefits Expense \$ 9,756,311
- Operating Expenses \$ 1,897,233
- Depreciation Expense \$ 119,235

**Total Expenses**  
\$ 11,772,779

**Profit/(Loss)**  
\$ 39,903

## 2013 SUMMARY OF SERVICES

- Individual Counseling Sessions 31,872
- Diagnostic Assessments 8966
- Psychiatric Services 7,904
- Group Counseling 3,600
- 23,574 Hotline, Warmline and Information and Referral Calls

## ACCREDITATION

Commission on the Accreditation of Rehabilitation facilities – CARF

## CERTIFICATIONS

Ohio Department of Mental Health and Addiction Services – OMHAS

## CONTACT US

### Administration and Outpatient Services

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601 Edwin C. Moses Blvd.  
Dayton, Ohio 45417

Phone: 937-734-8333  
Fax: 937-734-8339

### Samaritan CrisisCare

Elizabeth Place, 4th Floor  
601 Edwin C. Moses Blvd.  
Dayton, Ohio 45417

937-224-4646 (Emergency/Crisis)  
937-224-1694 (Business)

### Preble County

2172-A US Rt. 127 North  
Eaton, Oh 45320

1-800-453-3386 (Emergency/Crisis)  
937-456-1915 (Business)

### Miami County

280 Looney Road, Suite 204  
Piqua, Ohio 45356

1-800-351-7347 (Emergency/Crisis)  
937-440-7121 (Business)

[www.sbhihelp.org](http://www.sbhihelp.org)

[www.stopviolence.org](http://www.stopviolence.org)

Samaritan Behavioral Health is partially funded by the Alcohol, Drug Addiction and Mental Health Services Board for Montgomery County and the Preble County Mental Health and Recovery Board.



Tom Curtin



Sue McGatha

## Samaritan Behavioral Health, Inc. (SBHI)

When speaking with people from the community we often hear “Wow, we didn’t know you provided all these services. You’re the best kept secret in town!” While it’s flattering to know that others are impressed by what we do and how we do it, it’s also a commentary on how difficult it is to communicate broadly and effectively the life-altering and life-saving nature of mental health and addiction services. Suicide is now the 10<sup>th</sup> leading cause of death in the United States and deaths from opiate overdoses are at epidemic proportions. But even with compelling statistics such as these, public awareness of the availability and efficacy of mental health and addiction services is still minimal.

In our 2013 Annual Report, we want to raise awareness and share stories about some of the people served by SBHI. Their stories are stories of hard work and triumph over challenges. These individuals and families were fortunate to have become aware of SBHI and of the caring, compassionate professionals who helped them change their lives forever.

Please enjoy our 2013 Annual Report. Your feedback is always welcome.

Tom Curtin  
Board Chair

Sue McGatha  
President & CEO



## Vision

*Where help for life’s challenges is openly sought and compassionately given*

## Mission

*To provide mental health and addiction services that touch, teach, and heal*

## Values

*Compassion, Integrity, Respect, Excellence, Teamwork*

## BOARD OF TRUSTEES

- |                                      |                                       |                        |                        |
|--------------------------------------|---------------------------------------|------------------------|------------------------|
| <b>Tom Curtin</b><br>Chair/Treasurer | <b>Sue McGatha</b><br>President & CEO | <b>Frank Sawyer</b>    | <b>Carol Bauer, SC</b> |
| <b>Teresa Zryd, M.D.</b>             | <b>Robert Hickey, Jr.</b>             | <b>John Rahe, M.D.</b> |                        |

## EXECUTIVE STAFF

- |  |   |  |  |
|--|---|--|--|
| <b>Sue McGatha</b><br>President & CEO                  | <b>Brien Dyer, M.D.</b><br>Medical Director                                     | <b>Julie Mancy</b><br>Director of SBHI Preble and Montgomery County Outpatient Services  | <b>Colleen Smith</b><br>Director of Substance Abuse Services |
| <b>Marilyn Houser</b><br>Director of Employee Services | <b>Caroline Wise</b><br>Director of Quality & Compliance                        | <b>Christina Mortsof</b><br>Director of Young Children’s Assessment & Treatment Services | <b>Ruth Addison</b><br>Director Samaritan CrisisCare         |
| <b>Karen Gaines</b><br>Director of Finance             | <b>Dale Eilerman</b><br>Director of School Services and Organizational Learning |  |  |
| <b>Beth Esposito</b><br>Chief of Clinical Operations   |   |  |  |

## Outpatient Services for Children, Adolescents and Adults

Our Montgomery County Outpatient Services continued to provide counseling and psychiatric services to a diverse patient population in a variety of settings. The leading diagnoses for our 1,060 patients under the age of eighteen (18) were oppositional defiant disorders and attention deficit hyperactivity disorders. The most frequently occurring diagnoses for our 494 adult patients served were depression-related diagnoses.

Our outpatient services focused on accessibility at all of our locations (Elizabeth Place, Huber Heights, CAREHouse and Five Rivers Health Centers). We maintained an average wait time of 5.3 days for an assessment for entry into services strong community partnerships enhanced our further efforts to better integrate physical and behavioral healthcare services.

Psychiatric services for children and adults were offered to patients who could benefit from pharmacological interventions. SBHI's psychiatric teams go the extra mile to ensure that case management and other needed services are secured for the patients.

*"Allie was a single mother of two who sought help for her family from SBHI. Allie was overwhelmed with the demands and stressors being placed on her, and the children were having outbursts at school, getting into fights, and were unruly at home. Allie reported that unlike other agencies where she had sought help, at SBHI she felt welcome and listened to from the minute she arrived. Concurrent counseling appointments were established for the two children to reduce transportation costs, and the family therapy that was provided brought a holistic approach that improved the effectiveness of treatment. Today, Allie and her children are functioning better and the phone calls regarding negative behaviors at school have stopped."*

## School Services

SBHI's school services were provided in twenty one (21) schools in 2013 in Montgomery and Miami Counties. Our innovative school services help children who exhibit behaviors that interfere with their academic performance. The problems exhibited by these children often include hyperactive behaviors, aggressive, oppositional and uncooperative behaviors, stress and anxiety, as well as depression. Some children are also coping with child abuse and trauma associated with experiences in their homes and neighborhoods.

Many of the students we work with are on the verge of suspension or expulsion at the time they are referred to the SBHI counselor. By working in the school setting, our therapists have the opportunity to consult with the teaching and administrative staff and to be in the classroom to observe, intervene and coach children to use new behavioral skills. Parents and caregivers are invited to participate in the counseling process to help them learn parenting skills that will help their child. The schools served by SBHI are very happy to have our counselors in their schools supporting their educational efforts.

*"At the beginning of his senior year, Joe was referred to SBHI's school counselor. He had struggled in school for many years, often not passing classes, and the likelihood of him graduating on time was not looking hopeful. He had problems with drugs and alcohol and had suffered from depression that on one occasion had resulted in a hospitalization. With the help of SBHI's school therapist, Joe learned new, healthier ways to cope with his challenges. He graduated on time – with some of his best grades in high school! – and registered to begin community college after graduation."*



## Young Children's Assessment and Treatment Services (YCATS)

SBHI's YCATS program serves young children from birth to kindergarten age. Early childhood mental health services have grown significantly in recent years, and in 2013 YCATS provided mental health therapy services to 420 new clients. These services included diagnostic assessments, individual and family counseling, group counseling and partial hospitalization. The average length of time that children were in treatment was seven (7) months.

Additionally, YCATS mental health consultants served over 300 children in classroom/childcare settings and provided individual interventions to thirty eight (38) preschool children. None of the children were removed or expelled from their childcare centers due to behavioral issues. YCATS also provided mental health consultation services to one hundred and twenty five (125) children involved with Children's Protective Services. Ninety (90) per cent of the children served maintained placement in their same foster or biological home and seven (7) per cent were able to return to their biological homes.

YCATS' excellence in Early Childhood Mental Health was recognized by the State of Ohio in 2013. With financial support from the state a video presentation was created to educate others about YCATS services and early childhood mental health. Please visit [www.sbhihelp.org](http://www.sbhihelp.org) to view our YCATS video.

*"After having been removed from her home after witnessing domestic violence and parental drug abuse, four year old Jessica was brought to SBHI and YCATS by her guardian for help with her disruptive behaviors and frequent and intense emotional outbursts. Her two older siblings were also referred to the YCATS program for severe tantrums, aggression, anxiety, and social interaction problems. All three children began receiving YCATS services specific to their needs and over an 18 month period all three made significant improvements. Through a combination of home-based and office-based treatments the children are now successful in school, are making friends, and are appropriately able to express their feelings and heal from the trauma they experienced."*

*"I have always been worried about someone judging me and no one has done that."*

## Preble County

SBHI's Preble County provides high quality mental health services to 950 Preble County residents in 2013 and offered an array of services to people from three years of age to seniors. Our latest innovation was the launching of telepsychiatric services with funds from the Ohio Department of Mental Health and Addiction Services. Using telepsychiatry with our patients who needed pharmacological services significantly increased access to those services. We also continued to provide crisis prevention services to persons at risk for psychiatric hospitalization. This proactive intervention helped numerous patients remain in the community and out of hospitals.

The Jefferson House continued with its recovery-based services for adults with serious mental illnesses. Numerous group and work-related activities were accomplished throughout the year.

*"Sarah was not yet thirty and had struggled with mental health and addiction issues for many years. She had become so ill that she had had a long hospitalization in the state psychiatric hospital. Upon her discharge from the state hospital she was linked to SBHI. Before leaving the hospital, she was placed on an injectable medication to help with her medication compliance. With the help of her ongoing therapy services at SBHI and her new medication, Sarah is stable in the community and working on her recovery. She has had minimal contact with law enforcement and no hospitalizations since her discharge from the state hospital."*

*"My therapist has been so helpful working on issues from my past to heal my future."*

## United Against Violence of Greater Dayton (UAVGD)

This multifaceted violence prevention project sponsored by SBHI and supported by a grant from Catholic Health Initiatives is a collaboration of over 80 individuals and organizations. United Against Violence's goal is to reduce Part I and Part II violent crimes in Westwood, North Riverdale, Trotwood, and Harrison Township by 10%, thus ultimately reducing group member involved gun violence.

One of UAVGD's major initiatives is the Second Step program, an evidence-based best practice program that teaches empathy, social/emotional skills, and conflict resolution skills to school children. Second Step was delivered in 13 schools by UAVGD agency partners, including SBHI, the National Conference for Community and Justice, Public Health Dayton and Montgomery County, South Community, and UHS. Funding of \$66,835 was secured from local funders and enabled the Second Step curriculum to be delivered to over 1500 children.

Eighteen (18) dynamic and thoughtful high school youth comprised the UAVGD Young Adult Council. Council members received leadership and team building skills training and applied those skills to such initiatives as a Police & Youth Dialogue, Working With the Elderly, Healthy Relationships and the design and production of a Crime Prevention Brochure for youth. The Young Adult Council also delivered presentations to youth groups at the Police and Youth Together Camp and the Miami Valley Community Problem Oriented Policing Conference.

*"My therapist has helped me so much in realizing who I am and being more confident in myself."*

## Samaritan CrisisCare

Samaritan CrisisCare (CrisisCare) served over 7,780 people in 2013. As the countywide provider of community-based mental health and substance abuse crisis services in Montgomery County, CrisisCare provided crisis intervention services at our office locations, at multiple community locations, including residences, the adult jail and juvenile court, and over the phone. CrisisCare's centralized diagnostic assessment services were also provided at numerous locations, resulting in over 7,000 people being assessed and referred to the services that could best meet their needs. Our widely utilized Open Access assessment service ensured that hundreds of people each month would be provided with comprehensive mental health and alcohol/drug assessments.

Emergency psychiatric services and medication support services helped hundreds of people remain stable while awaiting entry into community treatment services. Additionally, SBHI was asked by the Montgomery County Alcohol, Drug Addiction and Mental Health Services Board to initiate Medication Assisted Treatment services for persons with opiate addictions using suboxone. Deaths Avoided With Naloxone (DAWN) NFT kits were also assembled and distributed to opiate users or their family members.

*"A woman was staring out at the river across from CrisisCare's office thinking of taking her own life by jumping into the river. She turned around and saw the Samaritan CrisisCare sign. She felt strongly pulled to approach the CrisisCare doors, confident that she would find help on the other side of the doors. The CrisisCare staff provided crisis intervention services to her and linked her to ongoing mental health treatment services. This desperate woman assured us that we saved her life."*

